



Institute of Tai Chi Arts

太極研究學社

Annual Membership Meeting & Picnic



Wheaton Regional Park, Shelter A

2000 Shorefield Rd., Wheaton, MD 20902

Sat. 9/24/2016, 10:30am – 2:00pm

- Tai Chi Practice 10:30 – 11:40am
 - Joint Exercise: Nelson Li (35 min)
 - Short Form: Andy Li, Jane Yang (7 min)
 - Long Form: Chung Shan Wu (15 min)
 - Sword**: Chang-Mei Hsu, Chao Lin. (3 min)

- Members Meeting 11:40 – 12 noon
- Lunch 12:00 noon

Members free

**Bring your own sword for sword practice

ITCA is a Federal approved non-profit organization,
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