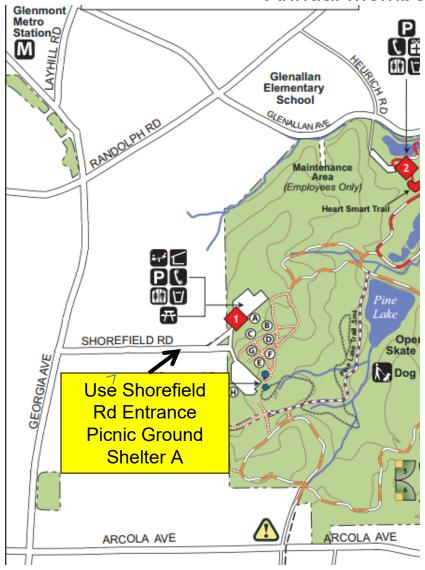


## Institute of Tai Chi Arts

## 太極研究學社

Annual Membership Meeting & Picnic



Wheaton Regional Park, Shelter A 2000 Shorefield Rd., Wheaton, MD 20902

Sat. 9/24/2016, 10:30am - 2:00pm

• Tai Chi Practice 10:30 – 11:40am

Joint Exercise: Nelson Li (35 min)
Short Form: Andy Li, Jane Yang (7 min)
Long Form: Chung Shan Wu (15 min)
Sword\*\*: Chang-Mei Hsu, Chao Lin. (3 min)

Members Meeting 11:40 – 12 noon

• Lunch 12:00 noon

## **Members free**

\*\*Bring your own sword for sword practice

ITCA is a Federal approved non-profit organization, donations are tax-deductible